

The Weber School  
**EXPECTATIONS OF STUDENT ATHLETES**

2010-2011

The Weber School's Athletic Department has adopted the following expectations in an attempt to support the student-athletes who participate in our program. This form must be on file in the Athletic Office for the student-athlete to participate in our athletic program.

1. The Weber School's student-athlete shall abide by the Weber School's Student Handbook.
2. The Weber School's student-athlete shall demonstrate a positive attitude.
3. The Weber School's student-athlete shall adhere to the following team rules:
  - a. No use of tobacco products, alcohol, or illegal drugs.
  - b. Maintain healthy sleep and social hours.
  - c. Represent your team in a positive manner at all times.
  - d. Practice good sportsmanship at all times.
  - e. Eat a balanced diet, with special consideration given to practice and game times, while adhering to the Kashrut policy.
  - f. Participate in both in-season and out-of-season strength and conditioning program, when possible.
  - g. Avoid any situation which might lead to an undesirable outcome.
4. The Weber School's student-athlete shall meet the daily participation rule that requires class attendance to be eligible to participate in practice and games. Please refer to the Student Handbook or contact the Principal concerning this rule.
5. The Weber School's student student-athlete shall support the concept of commitment and will attempt to manage their time efficiently, so that they can participate in all team functions.
6. The Weber School's student-athlete shall attend every practice and game possible.
7. The Weber School's student-athlete shall be responsible for communicating to the coach that he or she will be missing practice or game as soon as the student-athlete recognizes that this will occur.
8. The Weber School's student-athlete shall adhere to specific team rules communicated in each sport.
9. The Weber Schools' student-athlete shall complete his/her commitment to one team/season before participating with a new team/season, unless mutually agreed upon by both head varsity coaches and the Athletic Director.
10. The Weber School requires a student-athlete to earn a grade of C or better in each subject to be eligible for athletic competition.

Violations of the above expectations may result in disciplinary action to be determined by the Head Coach and Athletic Director. Such action may include suspension or dismissal from the team, a decision made with the Principal.

All Weber athletic programs require a four-day commitment per week. Our varsity programs may require practice and game attendance on or during non-religious school holidays; however, the Head Coach will schedule and communicate these dates to all athletes.

While The Weber School's athletic programs provide for flexibility concerning family obligations, college trips, and academic needs, it should be understood that playing time will be limited when a student-athlete misses practice(s) or a game.

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**We have read and understand the commitment necessary to be a member of a Weber athletic team and will do our best to support the above expectations:**

**Student's Name:** \_\_\_\_\_ **Grade:** \_\_\_\_\_

**Student's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Expectations for Student-Athletes**